



SERENITY IN THE CITY NEWCASTLE

# Beauty

Price List

## L'Expérience Anne Sémonin

Haute Couture is a French byword for made-to-measure elegance. The ambition of Anne Sémonin is to extend to the world a sense of 'haute couture' beauty.

Imported from Paris, the exclusive Anne Sémonin Skincare Line has one purpose: to help maintain and improve the vitality and health of the complexion resulting in younger looking skin. Their concept is based on using the most effective natural ingredients in their maximum authorized concentrations including marine and plant extracts, trace elements and essential oils. These can then be combined by a professionally trained therapist to enable clients to find their own personal beauty prescription according to the needs of their skin and lifestyle. Beauty made to measure.

Endorsed by Elle, Vogue and In Style as being among the best anti-ageing skincare products available, they are a firm favourite of beauty insiders and A-list celebrities like Carla Bruni-Sarkozy, Dita von Teese, Princess Caroline and Cheryl Cole.

Anne Sémonin products appeal to clients with discerning taste who stray off the beaten path and don't care for the hard sell of department stores. Designed to be tailor-made, Anne Sémonin spa treatments suit each 'skin moment' and are focused towards maximum comfort, absolute luxury and outstanding results.

Available mainly through international spas in world-renowned luxury locations like Le Bristol in Paris, Sandy Lane in Barbados and Huvafen Fushi in the Maldives, Anne Sémonin is now available exclusively at Serenity in the City, Newcastle.



## Tailor Made Facials

### **Made to measure facials**

Beginning with a skin diagnosis, your therapist will create your own personal beauty prescription using an appropriate selection of active ingredients to ensure effective and visible results. The formulation contains natural oils and trace elements designed for deep penetration to make the skin glow and ensuring the beneficial effects will last longer.

**55mins £60**

### **Hydra Express**

Ideal for all skin types, this express treatment softens and hydrates the skin to give instant radiance and reinforces the skin's ph balance.

**25mins £35**

## Haute Couture Collection

### **Haute Couture Face, Eyes and Décolleté**

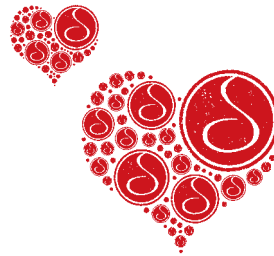
The ultimate bespoke facial incorporating an intensive eye and décolleté treatment. Aromatic intensive complexes and serums will help to boost cell renewal while a firming algae mask will detoxify leaving your skin feeling firm smooth and radiant.

**85mins £90**

### **Deep Marine Purifying Facial**

Ideal for combination, oily and problem skin, this deep cleansing, purifying treatment combines extraction techniques with a rebalancing lymphatic massage. A detoxifying mask and intensive aromatic complexes help to soothe, calm and rebalance the skin to encourage a visibly clear complexion.

**75mins £85**



**To book a treatment call 0191 281 9222**

## Haute Couture Collection

### Parisian Top to Toe Treatment

This complete soothing anti-stress treatment for the face and body provides immediate and deep relaxation. Tight muscles in the back are relieved and the skin rejuvenated back to optimum health and vitality with a prescribed made to measure facial.

**85mins £90**

### Miracle Age Defying Facial

A completely indulgent and truly divine experience, this is the ultimate anti-ageing treatment, plumping up wrinkles from the inside and relaxing facial tension. Express Radiance Ice Cubes are applied over the face, to instantly revive, lift and firm the skin. The skin is deeply cleansed and polished and an intensive pressure point facial and ice cube eye massage will leave your complexion visibly brightened and glowing.

**55mins £60**

## Eye Treatments

### Miracle Eyes Treatment

Ideal for those concerned with fine lines and wrinkles and designed to enhance, lift and firm the eye area. State of the art Anne Sémonin Express Radiance Ice Cubes are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing. As a bonus, warmed aromatic oils and hot basalt stones are used to massage your neck and shoulders, ensuring a relaxing, de-stress experience as well as a miracle eye treatment. Your eye area will be left visibly hydrated with dark circles reduced. For best results, combine with an Anne Sémonin facial.

**25mins £40**

**45mins £60**



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# Body Treatments

## Sea Salt and Aromatic Oil Wrap and Scrub

An ultra moisturising and nourishing body scrub experience for the most sensitive skin and also incorporating a therapeutic scalp massage. Aromatic oils are blended with sea salts to scrub and revitalise the skin before wrapping the body in a moisturising cocoon. Your entire body will feel wonderfully soft, silky smooth and youthfully radiant.

**55mins £60**

## Black Sand Body Scrub Ritual

In this fabulous treatment, Anne Sémonin has combined the benefits of white salt, black sand from French Polynesia and the excellent softening and hydrating properties of Jojoba, Calendula and Sweet Almond oils. Bursting with active marine ingredients and mineral salts, Black Sand Body Scrub revitalises the skin and stimulates cellular renewal. Effective at eliminating impurities, this wonder scrub works its magic, purifying and hydrating the skin to render it velvety soft, smooth and simply glowing with health. This ritual concludes with a made to measure full body massage. The ideal preparation for any special occasion or just as part of your ongoing skincare routine.

**85mins £90**

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## Body Polish

An express exfoliation: the first step to condition the skin prior to any body treatment. Should be combined with a massage or with any other body treatment

**25mins £45**

## Anti Cellulite Therapy

A specialised treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. Beginning with an exfoliation of the specific areas, massage and lymphatic drainage techniques are used to restore circulation to the legs and feet while a detoxifying mask is applied to relieve blockages and tone the skin. A course of treatments is recommended to maintain the results.

**85mins £90**



## Body Massage

### Made to Measure Massage

A tailor-made full body massage that combines classic Anne Sémonin techniques along with a personally prescribed blend of intensive complexes and warmed botanical oil. Your therapist will blend massage oils to suit your mood ensuring that stress and tension are removed and tired muscles invigorated.

**25mins £40**

**55mins £60**

**85mins £90**

### Volcanic Thermal Stones Ritual

Ideal for anyone suffering from muscular aches and pains, heated black basalt stones are used to massage the whole body, releasing deep-seated tension. Designed to work on the body's energy channels, this exotic massage relieves stress at the deepest level leaving you feeling energised and ready to take on the world.

**75mins £85**

## Service and Maintenance

### Tanning

State of the art, pioneering spray tanning technology from the market leader to create the ultimate golden flawless tan.

California Tan **£25**

Exfoliation/primer **£15**

### Nails, Hands and Feet

Luxury Manicure 60 mins **£35**

Luxury Pedicure 60 mins **£45**

Manicure 45 mins **£25**

Pedicure 45 mins **£35**

File and Paint 30 mins **£20**

French Manicure 60 mins **£35**

French File and Paint 30 mins **£25**

Full Set Acrylics **£40**

Acrylic Infills **£25**

Nail Repair **£5**

Acrylic Soak Off **£10**

### Bio Sculpture Gel

Bio Sculpture Gel Manicure 60 mins **£35**

Bio Sculpture Gel Pedicure 60 mins **£30**

Bio Sculpture Gel Infills 60 mins **£25**

Bio Sculpture Luxury Pedicure **£50**

Bio Sculpture Luxury Hands **£45**

Bio Sculpture Soak off **£10**

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## Beautiful Eyes

### Lashes and Brows

Party Lashes. Create a full, glamorous look that lasts up to 5 days **£20**

Eyebrow and lash tint and shape 60 mins **£35**

Eyebrow shape 15 mins **£8**

Eyebrow shape Lycon wax **£10**

Eyebrow tint 30 mins **£15**

Eyelash tint 30 mins **£15**

\*patch test required 24 hours prior to treatment

### Nouveau Lashes

Semi-permanent, lash extensions for longer, thicker, natural looking lashes.

Nouveau lashes 120 mins **£80**

Serenity Sweep Half set of

Nouveau lashes 60 mins **£40**

Lashes maintenance **£35**

### Yumi Lashes

An advanced technique to boost and lift the lash. A powerful alternative to false lashes with a range of tints.

45 mins **£60**

### Threading

Eyebrows **£12**

Facial per area **£12**

### Precision Brows

A unique combination of threading, hot waxing and tinting **£25**

## Waxing

### Lycon Waxing

We highly recommend Lycon hot wax for sensitive skin and delicate areas like the face, under arms and bikini line.

Californian 15 mins **£15**

Brazilian 30 mins **£25**

Hollywood 30 mins **£30**

Eyebrow shape **£10**

Underarm wax 15 mins **£12**

Facial wax per area 15 mins **£10**

### Strip Waxing

Californian 15 mins **£10**

Brazilian 30 mins **£18**

Hollywood 30 mins **£20**

Full leg and bikini wax 60 mins **£35**

Full leg wax 45 mins **£25**

Half leg wax 30 mins **£18**

Underarm wax 15 mins **£10**

Facial wax per area 15 mins **£8**

Eyebrow **£8**

## Make-up

Make-up application 60 mins **£25**

Wedding make-up 60 mins **£55**

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# Elemis Facials

## **Elemis Skin Specific Facial Bestseller**

Choose from a fruit active glow facial to nourish and rehydrate, a herbal lavender repair facial to balance the skin, or an exotic moisture dew facial to moisturise. This is a therapeutic, deep-cleansing facial matched to your skin type and combines the power of absolutes with essential oils, treating the skin at the deepest level without aggression and leaving your skin feeling nourished and glowing

**60mins £60**

## **Elemis Skin Performance Facial**

An advanced booster facial using intensive vitamin-rich products and masks to take your skin and eyes on a journey of total renewal

**75mins £75**

## **Elemis Tri-Enzyme Resurfacing Facial**

A ground-breaking facial that instantly resurfaces and smooths the skin. Clinically proven to increase skin smoothness after just one treatment, targeting blemishes, uneven skin tone, fine lines and wrinkles, acne and superficial facial scarring, revealing a younger looking skin.

**60mins £75**

## **Wet Shave (for Men)**

Warm face towels, soothing balm and a face massage complete the ultimate in male self indulgence. Our therapists have been trained by renowned French specialist, Daniel Rouah, so you won't feel a thing other than fantastically smooth.

**30mins £30**



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# Body Treatments

## Serenity Wellbeing Massage

A soothing, flowing massage using gorgeously-warmed pure massage oils. The power of this ancient touch creates sensations of pleasure, wellbeing and inner calm.

**55mins £60**

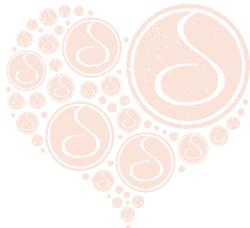
**25mins £40**

## Deep Tissue Massage

Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of Essential Oils are chosen to target individual needs and reduce specific stress and muscle tension using deep pressure massage to leave you feeling energised and invigorated.

**55mins £70**

**25mins £45**



## Indian Head Massage

A deeply relaxing massage using firm yet gentle rhythms to unblock tension in the neck, shoulders, face and scalp. It helps relieve headaches and eyestrain and induces a deep sense of calm.

**40mins £50**

**With Hopi Ear Candles 75mins £75**

## Elemis Face and Body Sensation

A unique new massage that combines luxurious warming and cooling sensations all over your body to alleviate stress and ease aching muscles. Includes an anti-ageing booster facial to restore youthful radiance.

**60mins £65**

## Elemis Nurturing Massage for Mother to Be

This nurturing massage combines tried and tested, safe pregnancy massage techniques incorporating face and body, adapted to each stage of pregnancy. Specialised positioning on our unique bean bag ensures the ultimate in comfort and relaxation.

**75mins £85**

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## Elemis Wraps

### **Lime and Ginger Salt Glow Bestseller**

An exotic exfoliation to invigorate and bring vitality to your body. After light body brushing, warm oil is dripped luxuriously over the body before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Your skin is deeply cleansed and moisturised, leaving it feeling glowing and radiant, replenished and flawless.

**30mins £45**

### **Serenity Lime and Ginger Sublime Experience**

An exotic exfoliation ritual with a full body massage and facial tailored to your skin type. You will be lightly brushed before warm oil is drizzled all over and a sublime blend of Lime and Ginger Salt Glow is applied. This full body massage and facial will leave your skin glowing and vibrant.

**115mins £130**

### **Elemis Frangipani Body Nourish Wrap**

From the exotic shores of Tahiti, coconut and frangipani flowers are soaked together to create Monoi, which means 'scented oil'. This fragrant oil is then poured all over your body which is then cocooned in a comforting, nourishing wrap. With the most exotic aroma and texture imaginable, Monoi will soothe, condition and soften your skin. Pure indulgence when combined with Serenity Wellbeing massage.

**45mins £70**

**or with 25mins Serenity**

**Wellbeing Massage 70mins £105**



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## Courses of Treatment

### Anti Cellulite Endermologie Massage

A revolutionary approach from France for the treatment of cellulite. Feeling something akin to a vigorous Swedish massage, this treatment leaves the skin feeling smooth, toned and with visibly less cellulite. A full course of treatments is recommended to achieve best results.

**45mins £45 or a course of 10 £390**

### Cosmecanique

Working on the underlying architecture of the skin, Cosmecanique creates a revolution in facial skincare with the patented three-dimensional action of the Lift 6. Gentle, non-invasive and non-abrasive, this treatment stimulates the blood circulation and awakens the tissues to optimise the skin's natural potential. A full course of treatments is recommended to achieve best results.

**30mins £40 or a course of 10 £350**



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## Spa Packages

### Top to toe

Custom Manicure  
Custom Pedicure  
Eye Package

**105mins £60 Saving £35**

### Serenely Smooth

25 Minute Serenity Wellbeing Massage  
Black Sand Body Scrub

**50mins £70 Saving £15**

### All about me

Anne Sémonin Made To Measure Facial  
File and Paint on hands and toes

**120mins £80 Saving £20**

### Hot date!

Luxury Bio Manicure  
Luxury Bio Pedicure  
Spray Tan  
Bikini Wax

**195mins £105 Saving £25**

### Paris chic

Parisian Top to Toe Treatment  
Luxury Pedicure

**145mins £110 Saving £25**

**All packages include a complimentary glass of pink fizz.**



## Preparing For Your Day

### Opening Hours

Monday	10am to 6pm
Tuesday	9am to 6pm
Wednesday	10am to 6pm
Thursday	9am to 8pm
Friday	9am to 7pm
Saturday	9am to 6pm

### Parking

We have a private car park at the rear for the exclusive use of our guests.

### Gift Cards

Available from £20, Gift Cards are as good to give as they are to receive.

### Therapists

Our therapists are highly trained to provide specialised, personalised treatments of extraordinary quality, coupled with exceptional service and care. We aim to give you an amazing experience that delivers the intended results, leaving you feeling special and looking great.

### Cancellation policy

Please check our Terms and Conditions at [www.serenityinthecity.com](http://www.serenityinthecity.com)